

## Ski Quebec Alpin/VRC Parent and Guardian Code of Conduct

Parents and guardians concerned about the development of their child should take an interest in their well-being and know the educational underlying values of sport or leisure. They must therefore collaborate in the use of sport or leisure as a means of education and expression so that their child can benefit from it. To properly carry out their duties, parents must adopt the following behaviours:

1. Show respect for coaches, managers, and officials;
2. Have a good behaviour and use appropriate language;
3. Avoid any verbal abuse towards the participants and support all efforts in this regard;
4. Never forget that their child plays in a sport or takes part in a leisure activity for his or her pleasure, not for his or her parent's pleasure;
5. Encourage their child to respect the sportsmanship charter, the rules of the sport, or the internal management rules of their team or program;
6. Recognize their child's outstanding performance as well as those of opposing participants;
7. Help their child to improve their skills and develop sportsmanship or camaraderie;
8. Teach their child that an honest effort is just as good as a victory;
9. Objectively judge the possibilities of their child and avoid projections;
10. Assist their child in selecting one or more activities that align with their interests;
11. Never ridicule a child for making a mistake or losing the game;
12. Encourage their child, by their example, to respect the rules and resolve conflicts without aggression or violence;
13. Read the guidelines offered on [www.sportbienetre.ca](http://www.sportbienetre.ca) website;
14. Use social networks, the Internet, and other electronic media in an ethical and respectful manner towards colleagues, coaches, and managers, not to use it to provoke the opponent or another member;
15. Ensure that everyone is treated with respect and fairness.

Parent/Guardian Name & Date \_\_\_\_\_

